

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> Barre 9:30A Pilates 10:35A  Bums & Tums 5:30P Bungee Play. 6:35P Aging Back 7:35P	<b>2</b> Aging Back 9A Bungee 55+ 10:30A  Pilate Workout 5:30P	<b>3</b>
<b>4</b> Essent. Barre 10A Classical Stretch 11A Bungee Fit 12P	<b>5</b> MELT Method 9A Gentle Pilates 9:35A Gentle Bungee 11A Inter. Pilates 5P Barre Workout 6:05P Athletic S&S 7:15P	<b>6</b> Bungee 55+ 9:30A	<b>7</b> Aging Back. 10:35A  Essent. Barre 5:15P	<b>8</b> Barre 9:30A Pilates 10:35A  Bums & Tums 5:30P Bungee Play. 6:35P Aging Back 7:35P	<b>9</b> Aging Back 9A Bungee 55+ 10:30A  Pilate Workout 5:30P	<b>10</b>
<b>11</b> Essent. Barre 10A Classical Stretch 11A Bungee Fit 12P	<b>12</b> MELT Method 9A Gentle Pilates 9:35A Gentle Bungee 11A Inter. Pilates 5P Barre Workout 6:05P Athletic S&S 7:15P	<b>13</b> Bungee 55+ 9:30A	<b>14</b> Aging Back. 10:35A  Essent. Barre 5:15P	<b>15</b> Barre 9:30A Pilates 10:35A  Bums & Tums 5:30P Bungee Play. 6:35P Aging Back 7:35P	<b>16</b> Aging Back 9A Bungee 55+ 10:30A  Pilate Workout 5:30P	<b>17</b>
<b>18</b> Essent. Barre 10A Classical Stretch 11A Bungee Fit 12P Melt Mainten. 1:30P	<b>19</b> MELT Method 9A Gentle Pilates 9:35A Gentle Bungee 11A Inter. Pilates 5P Barre Workout 6:05P Athletic S&S 7:15P	<b>20</b> Bungee 55+ 9:30A	<b>21</b> Aging Back. 10:35A  Essent. Barre 5:15P	<b>22</b> Barre 9:30A Pilates 10:35A  Bums & Tums 5:30P Bungee Play. 6:35P Aging Back 7:35P	<b>23</b> Aging Back 9A Bungee 55+ 10:30A  Pilate Workout 5:30P	<b>24</b>
<b>25</b> Essent. Barre 10A Classical Stretch 11A Bungee Fit 12P	<b>26</b> MELT Method 9A Gentle Pilates 9:35A Gentle Bungee 11A Inter. Pilates 5P Barre Workout 6:05P Athletic S&S 7:15P	<b>27</b> Bungee 55+ 9:30A	<b>28</b> Aging Back. 10:35A  Essent. Barre 5:15P	<b>29</b> Barre 9:30A Pilates 10:35A  Bums & Tums 5:30P Bungee Play. 6:35P Aging Back 7:35P	<b>30</b> Aging Back 9A Bungee 55+ 10:30A  Pilate Workout 5:30P	